

# Stanah Primary School

## Family Support Worker



*"Try to be a rainbow in someone else's cloud."*

*Maya Angelou*

Last Updated: September 2023

### **Who is our Family Support Worker?**

Our Family Support Worker is: Mrs Mandy Stephens

[m.stephens@stanah.lancs.sch.uk](mailto:m.stephens@stanah.lancs.sch.uk)

01253 825225

### **What is the main aim of the Family Support Worker?**

The main aim of our Family Support Worker is to listen, support and advise.

### **What does a Family Support Worker do?**

At Stanah Primary School our Family Support Worker monitors the emotional wellbeing of all children and they know she is available should they need her. She is one of our Deputy Designated Safeguarding Leads and a member of the Senior Leadership Team. Our Family Support Worker offers support to parents and carers and liaises with other agencies in order to provide individual impartial tailored support, advice and guidance to meet the needs of families.

Our Family Support Worker's work can include practical parenting strategies which ensure that parents and carers are equipped to:

- manage any challenging behaviour
- deal with any concerns around education including attendance, progress and homework
- set strong safe boundaries and routines around mealtimes, sleep and play
- become more involved in their children's learning
- make informed choices and access local services

**As well as parenting concerns our Family Support Worker can support families with:**

- School transition
- Attendance
- Healthy lifestyle including confidence building, mental wellbeing
- Relationship breakdown and bereavement
- Early intervention work
- Accessing local services

### **How do they do it?**

**Family Support Workers give support to families in many different ways including:**

- One-to-one work with parents, carers and children including talking, listening and supporting.
- Finding practical strategies with parents/carers and children to improve learning, behaviour and relationships
- Referring and signposting to local services
- Supporting families to meet with other agencies

### **Why might you need to contact the Family Support Worker?**

As parents and carers, every day a new challenge or question may arise and you may wonder what the answer or solution is.

- “My child’s behaviour is getting out of control”
- “I’m worried about parents evening”
- “Since my partner left, things haven’t been the same”
- “I would just like someone to share my concerns with”
- “I’m not sure what to do next”

Parenting is not an easy job and sometimes things can get tough.

Our Family Support Worker is here to help and point you in the right direction.